

For further details contact Kimberley 0488 692 459 or Jane on 0407 953 353

A COVID SAFE EVENT



## SINGLETON COUNCIL UPDATE By Tim Spooner

**Gibbs Bridge Upgrade -** Works are planned to commence mid-January with an anticipated completed date of 30 May 2022.

Putty Valley Road, Maintenance Grade - Council has engaged Greg Pierce to complete a maintenance grade of Putty Valley Road. Works will commence 13 December, weather permitting.

# Repairs to Crown section of Putty Valley Road -

Council applied for a grant through Transport for NSW. Unfortunately Council was only successful in securing \$25,000. This money has yet to be transferred to Council. Once secured, this money will be spent on priority culverts along this section of road.





# THREE VALLEYS LANDCARE GROUP INC. BY MARTHA BABINEAU

The Three Valleys Landcare Group held its AGM on 6 November electing the following office bearers for 2022:

President: Martha Babineau, Secretary: Jane Robinson, Treasurer: David Hope, Publicity Officer: Michelle Leggat and Equipment Officer: Richard Helm.

We thank the outgoing President Ian David for his leadership during the last five years.



The Landcare Christmas get together will be held on Saturday 18 December at 4pm at 1300B Putty Valley

Road. All members and prospective members invited.



This is a friendly reminder that your annual membership expired on the 30<sup>th</sup> June. Regular get togethers with interesting speakers in the field will hopefully recommence in 2022 and in January we look forward to announcing an interesting 2022 programme. New Members very welcome! Contact Martha on 0404 014 374 to join.

Please renew your membership membership - just \$10 a year.

Cheques can be made out to Three Valleys Landcare Group Inc.

Addressed to: TVLG Inc. Treasurer - David Hope, 11 Nelson Road Box Hill 2765

OR EFT Direct Deposit can be made to: CBA Bank in Windsor:

Three Valleys Landcare Group Inc. BSB:062 622, Account: 1050 3087.

We look forward to sharing a fun Christmas party and meeting new members!

## THE RUN THE DRUMS BARREL RACING CLUB BY CATRINA CRUICKSHANK

The event saw record numbers stream into Putty to compete and enjoy a fun family day out.



Riders ranged in age from 2 to 70 and a great day was had by all. Spectators were treated to a spectacular day of racing and everyone went home with big smiles and a nice sprinkling of Putty dust. Run the drums will resume in February for the 2022 season.





GEORGIA, FAITH, SOPHIA and AALIYAH.

#### MONASTERY OPEN DAY AT THE PUTTY HALL

Bishop Daniel and the Monks of the Monastery would love to invite you to an open Day family BBQ at Putty Hall on Sunday the 19th of December 1 - 4pm. We will have fun activities for everyone - jumping castle, bubble soccer, and face painting.



The purpose of this event is to introduce the monastery and the monks of the monastery to the Putty community. It is long overdue but there is a good time for everything. At the end of the event we will have a small presentation about who we are and make an announcement about our monthly event (family activity + bible study) that will begin in March.



We look forward to seeing and your family and ask you to help us spread the word around.

God Bless Fr Anthony

# REMEMBRANCE SERVICE AT PUTTY By Jane Robinson

There is something very special about a small rural community coming together to continue long held traditions that seem to be sadly fading in urban environments. The 2021 Putty Remembrance Day Service on 11 Nov did our little remote community proud! The tradition of pausing to silently reflect at 11am began on the first Armistice Day in 1919 and has remained a central part of Remembrance Day services.



Rachel Casey led the assembled crowd in as she read the solemn words:

"They shall grow not old, As we that are left grow old: Age shall not weary them, nor the years condemn

At the going down of the sun and in the morning We will remember them."

A big thank you to all who contributed to a lovely service and especially Chris Beech for the excellent choice of music and Kenn Mackett for the set-up support.

The Putty Community Remembrance day Service 2021 was held under stormy skies, luckily it only started raining when it was time for tea and sweet treats (and Dora's delicious quiche slice) on the deck!



# SUCCESSFUL GRANT APPLICATION By Margaret Ferguson

Putty Rural Fire Brigade was successful in obtaining a \$2500 grant from the Singleton Bushfire Community Wellbeing and Connectedness Fund and Singleton Council. The grant is to assist community groups physically located in the Singleton Local Government Area, (LGA), impacted by the 2019/2020 bushfires in the Singleton LGA.

Aimed at supporting existing community, social and sporting groups, the programme seeks to provide practical skills and knowledge in bush fire survival planning, managing property/animals, operating basic fire fighting equipment and understanding the dynamics of bush and grass fires so that informed decisions can be made about their safety.

Volunteer developed and run, it is designed to empower communities, particularly women in rural/ remote communities in fire safety, bush fire and emergency preparedness, practical skills and wellbeing.

The workshop is expected to be run late February or March at the Putty Brigade station. It will run for six hours on the day and the communities of the Putty/ Howes Valley areas are invited to attend.

We thank Kylie Ledger, a volunteer member of Darlington Rural Fire Brigade, for making the successful applications on behalf of several Hunter Valley Brigades, which will allow the program to run.

More information will provided but you can register your initial interest by email:

puttyruralfirebrigade@gmail.com.au





#### 2022 SCHOOL CAPTAIN FROM PUTTY - KALLIE HASSELMANN

Local Putty girl Kallie Hasselmann has just been announced as school captain for Kurmond Public School for 2022.

Kallie has been a student at Kurmond since kindergarten and is very much looking forward to showing off her leadership skills throughout 2022. Kallie's parents are very proud of her achievements this year.

Congratulations Kallie!

# ON THE AIR: BBC TO FEATURE LANDCARE AUSTRALIA FILM ON CULTURAL BURNING

The BBC is broadcasting audio and vision excerpts from a Landcare Australia film in three of its programs later this year. The focus is Traditional Owners and cultural burning practices in Australia.

The BBC productions include interviews with Victor Steffensen, a descendant of the Tagalaka people and Indigenous fire practitioner, explaining how cultural burns can help manage the land while reducing fuel load and destructive wildfires.

Excerpts from *Fire and Water, Healing Country and People* will be included in a film that focuses on cultural burning practices in Australia. The film is part of a series of short films produced by BBC Studios for **BBC Earth's** social media channels and will be published online in late 2021.

You can watch *Fire and Water, Healing Country and People* on <u>YouTube</u> and read more about <u>cultural land management</u> practices. Enjoy the audio excerpts and interviews with Victor:

BBC World Service for the podcast <u>People Fixing the World</u>
BBC Radio Four 39 Ways to Save the Planet

#### DORA and LILY'S WATER DILEMMA





## READERS - Please share your old memories, photographs of Putty!

THE WAY WE WERE - Memories from Yesteryear.



JIMMY DONOVAN'S PUTTY RUN

# IT'S NOT ONLY PUTTY THAT GETS A BIT CHRISTMAS CRAZY . . . BY JANE ROBINSON

It's the most wonderful time of the year! For a couple of weeks every year the world takes on a magic glow, people seem merrier and filled with good cheer.

Whether you're celebrating a religious festival, like Hanukkah or Christmas or a more secular occasion, you're sure to have your own selection of rituals or customs that make the holiday season so special. Here's some "interesting" traditions from around the world. ...........



**The Philippines Giant Lantern Festival** is held each year on the Saturday before Christmas Eve in the city of San Fernando – the "Christmas Capital of the Philippines" and attracts spectators from all over the country and across the globe. Eleven barangays (villages) take part in the festival and competition is fierce as everyone pitches in trying to build the most elaborate lantern. Originally, the lanterns

around half a metre in diameter, made from 'papel de hapon' (Japanese origami paper) and lit by candle. Today, the lanterns are made from a variety of materials and have grown to around six metres in size. They are illuminated by electric bulbs that sparkle in a kaleidoscope of patterns.





Gavle Goat Sweden. Since 1966, a 13-metre-tall Yule Goat has been built in the centre of Gävle's Castle Square for the Advent, but this Swedish Christmas tradition has unwittingly led to another "tradition" of sorts – people trying to burn it down. Since 1966 the Goat has been successfully burned down 29 times – the most recent destruction was in 2016.



never been a big deal in Japan. Aside from a few small, secular traditions such as gift-giving and light

displays, Christmas remains new, quirky "tradition" has feast of the Colonel's very

The festive menu will soon be even if you don't understand delicious with everything from premium roast-bird feast.



largely a novelty in the country. However, a emerged in recent years – a Christmas Day own Kentucky Fried Chicken.

advertised on the KFC Japan website and, Japanese, the pictures sure will look a Christmas-themed standard bucket to a

In the 13 days leading up to Christmas, 13 tricksy troll-like characters come out to play in Iceland.



The Yule Lads (jólasveinarnir or jólasveinar in Icelandic) visit the children across the country over the 13 nights leading up to Christmas. For each night of Yuletide, children place their best shoes by the window and a different Yule Lad visits leaving gifts for nice girls and boys and rotting potatoes for the naughty ones.











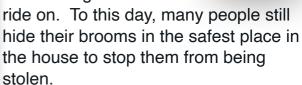
Clad in traditional Icelandic costume, these fellas are pretty mischievous, and their names hint at the type of trouble they like to cause: Stekkjastaur (Sheep-Cote Clod), Giljagaur (Gully Gawk), Stúfur (Stubby), Þvörusleikir (Spoon-Licker), Pottaskefill (Pot-Scraper), Askasleikir (Bowl-Licker), Hurðaskellir (Door-Slammer), Skyrgámur (Skyr-Gobbler), Bjúgnakrækir (Sausage-Swiper), Gluggagægir (Window-Peeper), Gáttaþefur (Doorway-Sniffer), Ketkrókur (Meat-Hook) and Kertasníkir (Candle-Stealer). Visit Iceland this Christmas and catch them all!

Norwegian Brooms. Perhaps one of the most unorthodox Christmas Eve traditions



can be found in Norway, where people hide their brooms. It's a tradition that dates back centuries to when people believed that witches and evil spirits

> came out on Christmas Eve looking for brooms to





## **FLANNEL FLOWER**

The Flannel flower, Actinotus helianthi, is endemic to Australia.



It grows in coastal heath, scrub and dry sclerophyll forest from the central and south-eastern Queensland down to the south

coast and western slopes of New South Wales. It thrives in a range of environments, including shallow sandy soils, growing to

30-90cm in height. In the last month it has proliferated along the verges of the Putty Valley Road, welcoming us home.





**PUTTY CREEK PLATYPUS** 



#### ONCE BITTEN.... BY IAN DAVID

DO NOT try to catch, kill or identify the snake that has just sunk its fangs into you. This is important. In hospital we NO LONGER NEED to know the type of snake; it doesn't change treatment.

Five years ago we would do a test on the bite, blood or urine to identify the snake so the correct anti venom can be used. BUT NOW we don't do this. Our new Antivenom neutralises the venoms of all the 5 listed snake genus, so it doesn't matter what snake bit the patient.

Read that again- one injection for all snakes!
Polyvalent is our one shot wonder, stocked in all hospitals, so most hospitals no longer stock specific Antivenins.
3000 bites are reported annually. 300-500 hospitalisations. Two to three deaths annually.

#### PHOTOGRAPH: ANGUS EMMETT

Average time to death is 12 hours. The urban myth that you are bitten in the yard and die before you can walk from your chook pen back to the house is a load of rubbish.

While not new, the management of snake bite (like a flood/fire evacuation plan or CPR) should be refreshed each season. It's also worth noting that allergy to snakes is rarer than winning lotto twice. Let's start with a basic overview. There are five genus of snakes that will seriously harm us - Browns, Blacks, Adders, Tigers and Taipans.

All snake venom is made up of huge proteins (like egg white). When bitten, a snake injects some venom into the meat of your limb (NOT into your blood).

This venom can not be absorbed into the blood stream from the bite site.

It travels in a fluid transport system in your body called the lymphatic system (not the blood stream). Now this fluid (lymph) is moved differently to blood.

Your heart pumps blood around, so even when you are lying dead still, your blood still circulates around the body. Lymph fluid is different. It moves around with physical muscle movement like bending your arm, bending knees, wriggling fingers and toes, walking/exercise etc. Now here is the thing. Lymph fluid becomes blood after these lymph vessels converge to form one of two large vessels (lymphatic trunks)which are connected to veins at the base of the neck.

Back to the snake bite site...

When bitten, the venom has been injected into this lymph fluid (which makes up the bulk of the water in your tissues).

The only way that the venom can get into your blood stream is to be moved from the bite site in the lymphatic vessels. The only way to do this is to physically move the limbs that were bitten.

Stay still!!! Venom can't move if the victim doesn't move. Stay still!!

Remember people are not bitten into their blood stream.

In the 1980s a technique called *Pressure Immobilisation Bandaging* was developed to further retard venom movement. It completely stops venom /lymph transport toward the blood stream.

A firm roll bandage is applied directly over the bite site (don't wash the area) and at all times keep the patient still!

- Step 1 Apply a bandage over the bite site, to an area about 10cm above and below the bite.
- Step 2: Then using another elastic roller bandage, apply a firm wrap from Fingers/toes all the way to the armpit/groin. The bandage needs to be firm, but not so tight that it causes fingers or toes to turn purple or white. About the tension of a sprain bandage.
- Step 3: Splint the limb so the patient can't walk or bend the limb.

#### DO NOTS:

Do not cut, incise or suck the venom.

Do not EVER use a tourniquet

Don't remove the shirt or pants - just bandage over the top of clothing.

Remember movement (like wriggling out of a shirt or pants) causes venom movement.

#### **ONCE BITTEN** continued

Australian snakes tend to have 3 main effects in differing degrees.

- 1 Bleeding internally and bruising.
- 2 Muscles paralysed causing difficulty talking, moving & breathing.
- Pain in some snakes severe muscle pain in the limb, and days later the bite site can break down forming a nasty wound.

Finally, not all bitten people are envenomated and only those starting to show symptoms above are given antivenom.

**COURTESY of THREE VALLEYS LANDCARE** 

# **Early Evacuation During Bushfires Saves Lives!!!!**



### Incentives for Encouraging Early Self-Evacuation During Bushfire Crisis

Fire fighters recommend evacuating homes before a severe bushfire threatens. Early evacuation prevents injuries and deaths as well as the physical, financial, and mental health impacts of bushfires.

Please come and tell us what would encourage you to get out early

#### **VOLUNTEERS NEEDED FOR RESEARCH STUDY**

This study seeks interpretations of your "lived experience" as householders who live in a community at-risk of bushfire. We are interested in both positive and negative interpretations of your lived experiences. The outcome of the study could inform future policy on location-specific self-evacuation education. It may also help with community communication and householders to better plan for early self-evacuation.

#### Who can participate?

We are looking for householders who live-in bushfire at-risk communities and are survivors of bushfire events. Participation is entirely your choice. If you think that taking part will be distressing or inconvenient for you, please do not participate.

#### What would you be asked to do?

This research will be conducted in English only. You will be asked to take part in an audio-recorded interview exploring your experiences in bushfire at-risk communities. You will be asked how you perceive and respond to a severe bushfire threat, what factors influence you to stay and defend your property, and what would encourage you to self-evacuate early?

#### **Interested to Participate?**

If you are interested to participate, please text "I'm interested to participate" to 0450 801 790 or email <u>olufisayo.adedokun@uon.edu.au</u>, or **scan the QR code at the back.** 

A participant information statement and consent form will be sent to you by Olufisayo Adedokun, who is a PhD student from the School of Architecture and Built Environment at the University of Newcastle, Australia. He is conducting a research study entitled "Investigating Early Self-Evacuation of Householders in Bushfire Crisis in NSW

#### PUTTY RAINFALL November

	<b>FAIRVIEW</b>	NORTH
Nov 2021	206.75mm	260.00mm
Nov 2020	32.60mm	32.00mm
Nov 10 yr	75.60mm	73.00mm
average.		

#### Year to date

Nov 2021	882.90mm	1168.00mm
Nov 2020	961.60mm	992.00mm
10 yr av	678.10mm	

Recordings were taken at Fairview-Putty Central (with reference to <a href="https://www.bom.gov.au">www.bom.gov.au</a>)

"The Top Place" Putty Valley Road North "Fairview" Putty Valley Road Central

If it rains at Putty, residents are encouraged to post their rainfall on Facebook at: <a href="https://www.facebook.com/PuttyCommunityAssociation">www.facebook.com/PuttyCommunityAssociation</a> so weekenders will know if they need to water their gardens.

#### **PUTTY VALLEY ONLINE**

Putty's Community Website contains many interesting links including:

#### **Putty People**

https://putty.nsw.au/putty-people where you will also find Putty events. online newspapers in the Hunter and Hawkesbury.

## **Trades & Services Directory**

https://putty.nsw.au/directory/

#### PCA

This has several links including one to the membership form.

https://putty.nsw.au/pca/membership/

#### PCA Facebook

For news as it happens. If you haven't already signed up to our Facebook page, you can do so by clicking *Like* at:

https://www.facebook.com/ PuttyCommunityAssociation

Post your pictures and stories! ADVERTISING: pca@putty.nsw.au

## PRAYER, BIBLE STUDY

Due to the current COVID-19 Pandemic and social distancing practices all in person services have been cancelled for the foreseeable future.

We will be doing services via Zoom meeting so if you would like to receive the Zoom meeting link invitation please email jane directly on <a href="mailto:jane.robinson@ku.com.au">jane.robinson@ku.com.au</a>

Every Blessing in this difficult times and remember the first Easter taught us that; Life never ends and Love never dies.

## TRADES AND SERVICES

#### PUTTY PEOPLE ADVERTISING

In publishing these ads, the PCA is not endorsing or recommending any product or service advertised below.

# **FULL POWER**

OFF THE GRID SOLAR SYSTEMS

0455 120 544



**WORK WANTED** - Reliable House cleaner inside and out, light garden duties.

Phone Rachel on 0467 336 250

#### MUSIC TEACHER

Accredited piano / keyboard + mandolin teacher - lessons in the safety and convenience of your home.

Phone Martha 0404 014 374

#### **NEWSLETTER CONTACT**

Please call with any news, activities or photographs to include in our monthly newsletter.

Martha Babineau, phone 6579 7000